Your scan, explained

Your practice

Today we took a 3D scan of your teeth and gums. It lets you see what your dentist sees, and it gives us a record to compare at your next check-up. Each thing we noticed is put into one of three groups.

Green: stable

Nothing needs doing now. We will compare it with your next scan to check it has not changed. Many things in a healthy mouth stay here for years.

Amber: to discuss

Something is changing, such as wear, a crack or an old filling breaking down. It is worth talking through the options, which always include keeping a close eye on it.

Red: at risk

Waiting may make treatment bigger, more uncomfortable or more costly later. Your dentist will explain why, and what the choices are.

What we look at

- Wear on the biting edges and surfaces
- Cracks and chips
- The edges of fillings and crowns
- Your gums and any recession
- How your teeth meet and whether they are moving

Questions you can ask

- Can you show me that on the screen?
- Has it changed since last time?
- What happens if I leave it?
- What are all my options, including waiting?
- When will we look at it again?

Your findings today