DIGITAL FIRST DENTISTRY

The check-up scan checklist

One page to make the intraoral scan part of every suitable check-up. Pin it in the surgery.

BEFORE THE PATIENT SITS DOWN

☐ Agree who takes the scan: dentist, or a trained nurse if your regulator allows it

☐ Start with adults who have heavily restored mouths

☐ Open the patient's last scan, if there is one

DURING THE CHECK-UP

☐ Full-arch scan, upper and lower, plus the bite

☐ Compare with the last scan: cracks, failing fillings, wear, recession, tooth movement

☐ Check anything the scan shows clinically, and with radiographs where indicated

☐ Turn the screen and let the patient look first

GRADE EVERY FINDING

Stable
Recorded. Look again next time.

To discuss
Worth a conversation and a closer check.

At risk
Likely to need treatment. Talk through options.

WORDS THAT KEEP IT A CONVERSATION

"Can I show you what the scan picked up today?"
"This area is stable. We'll compare it at your next visit."
"This cusp has changed since last time. Here are your options, including keeping an eye on it."

AFTERWARDS

☐ Record each finding and its grade

☐ Offer every option, including monitoring and no treatment

☐ Book a separate, longer appointment for anything at risk

☐ If the patient decides to wait, book a review to compare next time

COUNT IT

☐ Routine check-up scans today, per clinician: ____

☐ Target this month: ____